

Secondary School

Head of Physical Education: Miss Carolynne Bell

Zekeriyaköy Mah., Kilyos Cad., No: 227/1,2, Sarıyer, İstanbul

Tel: +90 212 202 7027 Ext: 111/112

+90 212 202 7709 Ext: 111/112

Fax +90 212 202 7796

Email: c.bell@bisistanbul.org



Dear Parents,

8th September 2011

P.E. Department Introduction letter 2011-2012

I hope this letter finds everyone rested and relaxed after a great summer. I spoke with some of the students this morning and from what they tell me, some had amazing holiday adventures.

I'd like to start with an introduction and a welcome to Miss Fiona Findlay who joins our department this year. Fiona comes from the UK and has a dance background. This is great news for our girls (and some of our boys) who will benefit greatly from her experience. She is also a keen basketball player and will be coaching some of our teams during the tournament season. Please help us in making her feel part of the community.

We start the year with athletics and fitness for all year groups. This will help train our students in preparation for our first set of house events which are listed below. Parents are welcome to come along and support any of these events.

- Secondary sports day at Enka – Wednesday 19th October 2011
- KS2 sports day at BISI Zek campus – Thursday 20th October 2011
- KS1 sports day at BISI Zek campus – Friday 21st October 2011

There are a few things that you, as parents, can assist us with over the course of the year to ensure your child gets the best from our subject. First of all, please ensure that your child is wearing plain NAVY shorts or track bottoms (a small, discreet logo is acceptable) and a WHITE BISI t-shirt to all P.E. lessons. House shirts may only be worn to house events or to after school activities. We also ask that you make sure your child has suitable shoes for P.E.. We advise, for safety reasons, a running shoe or cross trainer be worn and ask that flat soled, fashion training shoes (such as Converse) are discouraged as these have less grip and do not fully support your child's feet. Again, for safety reasons, long hair should be tied back.

Secondly, to ensure that your child receives the full benefits of P.E., we ask that notes are kept to a minimum. Students with a note are still expected to bring their kit, change and participate in the work of the class. Our lessons aim to develop not only physical skills and competences but social ones too. There are many roles that your child can fill despite having an illness or injury (refereeing, leading practices, keeping scores or evaluating performances) and we will use the information in your note to allocate a suitable alternative. As we work outdoors, in often changeable weather conditions, a change of kit is also essential for health, safety and hygiene reasons.

So far, in this academic year we have 36 events on our P.E. calendar. These include various house activities for EYFS through to KS5, ski trips, inter-school tournaments (for football, volleyball, basketball, swimming and table tennis) and our specialist PE & Health week which will take place in March 2012. We have a busy but hopefully fun-filled year ahead and we hope that you join in and support us whenever you can. A copy of our departmental handbook should be available on-line or if there are any other questions or issues that arise throughout the year, please feel free to get in touch.

Yours sincerely,

Miss Carolynne Bell
(Head of Physical Education)

Miss Sandra Scotland
(Dean of Students & P.E. Teacher)

Miss Fiona Findlay
(P.E. Teacher)

